

# SPRINGFIELD JUNIOR SCHOOL



RRSA Newsletter: 2

Our wonderful Rights Ambassadors have been meeting weekly to continue our journey as a Rights Respecting School. I'm so grateful for their commitment to promoting children's rights and we have started looking at ways in which we can help support children who don't always have access to their rights. During our meeting this morning, the children compiled this newsletter about everything we have done this half term on our Rights Respecting journey.

Mrs Cook—Assistant Headteacher

## Our School Charter

 28 ACCESS TO EDUCATION	We have the right to learn	 2 NO DISCRIMINATION	We have the right to be treated equally
 12 RESPECT FOR CHILDREN'S VIEWS	 13 DARING TO EXPRESS VIEWS	 19 PROTECTION FROM HARASSMENT	We have the right to be safe
 24 ACCESS TO HEALTH AND WELL-BEING	We have the right to be healthy	 31 REST, PLAY, LEISURE, AND RECREATION	We have the right to relax, play and join a variety of groups

All classes made their own charter and we (Rights Ambassadors) took the most popular articles to put on our whole school charter. We want every child to recognize their rights and be aware of what they are. Rights are very important to a child and an adult needs to know a child's rights too. Some people don't have all the rights that they should so UNICEF help these children in need.

During Black History Month in October, we celebrated the achievements of Black men and women in the past and today. The theme this year was 'Proud to be', which aims to recognise the achievements and contributions that black people make every day to the UK, from working on the front line in coronavirus in hospitals ,care homes ,schools and supermarkets to the children and young people around the world. This relates to article 2.



World Mental Health Day 10th October 2021

We learnt that our mental health is just as important as our physical health.

Top tips to keep yourself mentally healthy:

- Limit time on social media and gaming
- knowing who to talk to if your unhappy—it's good to talk about your feelings.
- Keep active
- Eat well
- Keep active



During Anti-Bullying Week in November, we learnt how to be kind to each other and treat each other the same. In class, we had a PSHE lesson on 'One Kind Word', we created poems, drawings and lots more. We have done talking assemblies in our year groups about how to stop bullying and make everyone equal.



### Coming Up...

We will be participating in ShoeShare, which is a campaign in partnership with UNICEF UK and Clarks Shoes. The campaign collects old or unwanted shoes, which are sent for re-use. For every tonne of shoes collected, a donation is made to UNICEF UK which goes towards education programmes around the world. **On Friday 21st January**, Springfield will be having a Non Uniform Day. If you have any shoes that you or your child have grown out of, that are in good condition, please can they bring them in on this day. We will send out more information regarding this nearer the time.

### Useful Links:

You can visit the UNICEF website for a summary of the convention of Children's Rights: [www.unicef.org.uk/what-we-do/un-convention-child-rights](http://www.unicef.org.uk/what-we-do/un-convention-child-rights)

For more information about Rights Respecting Schools visit:

[www.unicef.org.uk/rights-respecting-schools](http://www.unicef.org.uk/rights-respecting-schools)